

Working on Speech at Home

If your child is working to improve his/her speech skills...
(what we usually focus on in speech-language therapy is increasing awareness of the target sound in words and getting a high number of correct productions).

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First, check your child's IEP or other paperwork to make sure you know which sounds or patterns your child is working on, and what position or level (ex: the 'L' sound in the beginning of words and short sentences, or the 'S' sound at the end of words, or final consonants in words). Keep in mind that you will want to practice one sound or pattern at a time.

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Have your child make (or search online) for a list of words with their sound(s) in the right spot. Try to find at least 10-20 words that are fairly common one- or two- syllable words, and create a list.

Helpful websites for lists:
www.home-speech-home.com/speech-therapy-lists.html

Lion



lips

③

If your child has perfected their sound when saying it in words, they can say short sentences with the practice words in them. Start with 3 word sentences and gradually increase.

Encourage your child to read homework or a book out loud while focusing on their correct sound.



Spending 5 minutes a day (or every other day) practicing their sounds can be very effective!

Please encourage your child to say each word/ sentence from their list correctly, 5 times each.

Your child may need a reminder of how to correctly say the sound. Have them watch your mouth as you say the sound.